

HEATHLANDS

NEWS



HAPPY
NEW YEAR
2026

Your community newsletter

Happy New Year from everyone at Heathlands!

Issue 10

Blofield Heath, Pedham, Hemblington, Little & Great Plumstead

January 2026

Free

Heathlands Social Club

Welcome to Heathlands Social Club! Members benefit from cheaper bar prices, and guests are always welcome to visit. Single memberships are £10, and family memberships are £15. Now is a great time to renew, as 2025 memberships expired at the end of the year. Come and join us!

Sky Sports throughout the week on our two TVs - check our Facebook for listings.

Happy New Year to you all, I hope you had a good festive break. We're already making plans for 2026 and are looking to have more music and other new events in addition to usual favourites such as our annual beer festival in July. Our bar quizzes will continue and the next one is Thursday 15th January, 7.30pm. We're back to our usual opening hours from 2nd January, so please do come and enjoy a few drinks with us and remember that your social club isn't just for Christmas! I look forward to seeing you all soon.

Paul Grainger – Chairman Heathlands Social Club

Quiz in the Social Club

Come and join us on Thursday 15th January at 7:30pm. Free entry, max six per team.

Crib Night

Every Tuesday evening from 8pm – relaxed and friendly, open to all.

Bingo

Friday evenings on 2nd, 16th and 30th January, eyes down at 7.30pm.
Friday afternoon on 23rd January 2pm – 4pm.

Short Mat Bowls

Note that this has moved from Thursday to Wednesday evenings from 7.45pm.



What events would you be interested in attending at Heathlands? Please complete our questionnaire to help shape our upcoming events. Your responses are anonymous.

Scan or go to tinyurl.com/heathlandsevents



Social Club Regular Opening Hours

Check our Facebook page/website for latest updates



Tuesday – doors open 7.30pm
Thursday – doors open 7.30pm
Saturday – doors open 5.30pm

Wednesday – doors open 4.30pm
Friday – doors open 4.30pm
Sunday – doors open 2pm

Upcoming Events at Heathlands

Heathlands Christmas & New Year Opening Hours 2025

Tuesday 23 December – 7.30pm to 10pm
Wednesday 24 December (Christmas Eve) – 3pm to 8pm
Thursday 25 December (Christmas Day) – 12pm to 2pm
Friday 26 December (Boxing Day) – Closed
Saturday 27 December – 5.30pm to 11pm
Sunday 28 December – 2pm to 6pm
Monday 29 December to Wednesday 1 January – Closed

All other dates follow our normal opening hours.

Heathlands Management Committee meeting

Tuesday 6th January at 7.30pm. Please contact Jill on 07947881969 before attending.

Jumble Sale

Saturday 17th January, donations welcome from 12 noon. Doors open at 2pm.

Tea and Chat

Come and join us on Tuesday 20th January, from 2pm. Tea, coffee, lovely cakes, sausage rolls etc, raffle and lots of chat.

Broadbeat Choir

We've had great fun learning Christmas songs and performing them for local causes. We are taking a break in the New Year and will start back on Wednesday 21st January 2026 when we'll have a new song and a new start time of 2pm, finishing at 3.30pm. If you like singing, laughing and having fun then maybe we're the choir for you. Come along for two free sessions and see what you think, hope to see you there!

Learn more about us on our website broadbeatchoir.co.uk or call Sandra on 07899 676560.

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Upcoming events at Heathlands

Pilates with Jo Buckley

Pilates is a great exercise to mobilise and strengthen the spine and surrounding joints.

Tuesdays: 9.25am – 10.25am for Improvers; 10.30am – 11.30am for Beginners.

Thursdays: 9.15am – 10.15am for Improvers; 10.30am – 11.30am for Beginners.

For more information email jopilatesyoga@gmail.com, text 07554 780591 or visit jopilatesyoga.co.uk.

Chair Yoga

Wednesday mornings 11am – 12 noon, more info from Jill at Heathlands on 01603 714164.

Yoga with Lisa Angel

Wednesday mornings 10am – 11am. £10 drop in or £8 when booking a block of 6 classes, bring your own mat. *More info from Jill at Heathlands on 01603 714164.*

Fi Fitness

Friday mornings: 9.15am – Legs, bums, tums (a workout to tighten those wobbly bits and to make you feel good); 10.15am – Forever Fit (a low impact, slow workout for those wanting to remain mobile and independent longer). For more information contact fifitnessnorwich@gmail.com.

Join our 50/50 lottery at Heathlands!

Only £6 a year to enter!

50% goes towards Heathlands, 5% goes towards the Christmas draw and 45% is paid out in the monthly prize draw. Ask for more details inside Heathlands' Social Club.

December Winners: Aileen Fuller - £17.75, T Webber - £10.65, Alan Lockwood - £3.55
Christmas Winner: Aileen Fuller - £45.00



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Our Local Churches

HEMBLINGTON MAKE AND MARDLE

Come and join us on Tuesday 27th January and then on Thursday 26th February at Gables Farmhouse, Hemblington Hall Road, Hemblington from 10am to 12 noon. Usual format, coffee, cake, chat and optional craft – you will be most welcome.

For more information call Catherine on 01603 270360.

BLOFIELD CHURCH VALENTINES QUIZ AND CHILLI EVENING

Blofield Church presents a Valentines Quiz and Chilli evening.

Saturday 14th February 2026, at the Margaret Harker Hall, Blofield starting at 7pm £10 a person (payable on the night by cash or card). Chilli alternatives are available.

To book in a team of up to six people please call 01603 211931.

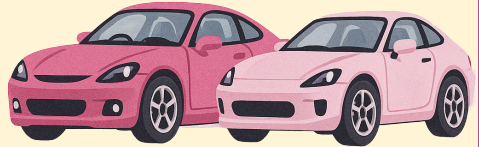
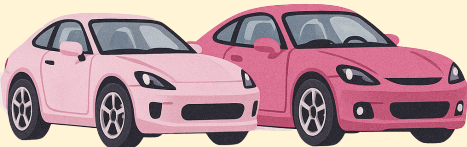
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Our Local Churches

FRIENDS OF ALL SAINTS, HEMBLINGTON

The Friends Committee hopes you have all had a restful and joyful Christmas Tide and the new year sees you fit and healthy.

Once the winter is nearing its end, the Friends will help to organise a churchyard working party, so please keep a look out for the details. Although we will not be holding a formal birdwatch at the church during the RSPB's garden birdwatch weekend in January, we will continue to organise a one hour wildlife survey each month. Please let the Secretary know if you are interested in joining in with this.

Please also think about becoming a Friend of the church. The group helps to keep the building watertight and in good condition plus supports the work in keeping the churchyard as a wildlife haven. Whether you visit the churchyard to remember family or friends, enjoy the peacefulness of the church and churchyard, or are fascinated by the wall painting and other pre-Reformation architecture, we would welcome your support.

Membership is just £10 per year and would mean a lot to the whole team, to join contact call or email the Secretary (details below).

With all good wishes for 2026 from the Friends Committee.

Friends' Secretary - Tel: 01603 715804, Email: hemblington@gmail.com

Website: hemblingtonchurch.org.uk

All Saints Church, Church Lane, Hemblington near Blofield NR13 4EF



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Latest from our Local Groups

BLOFIELD AND DISTRICT CONSERVATION GROUP

BADCOG is a group of keen volunteers undertaking wildlife conservation management at 14 sites in and around the Blofield area. Wildlife habitats range from fen meadow, woodland (old and new), ponds, churchyard conservation areas and a number of other sites some of which are designated Local Nature Reserves.

BADCOG holds fortnightly work parties on Saturday mornings starting at 10.30am and finishing no later than 1pm. Anyone can come and join in for as little or as long as they like, or just to see what we do.

Saturday 3rd January 2026 – Lingwood Pond

Saturday 17th January – Jary's Meadow

Saturday 31st January – Howe's Meadow

Saturday 4th February – Walsham Fen

Further details and any changes to plans will be on the website www.badcog.co.uk
Our evening meeting will be on Friday January 9th 2026 at 7.30pm in Strumpshaw Community Hall, Mill Road, Strumpshaw. Harry Mach from the Broads Authority will give a presentation about the authority's work. Visitors are welcome and refreshments are available.

WORKERS' EDUCATIONAL ASSOCIATION BLOFIELD BRANCH

The WEA Blofield branch is pleased to confirm that a slightly different course format has been agreed for a six-week course starting in January 2026. "Why do we say that?" is the intriguing title of the course to be led by Janet Wilson. It will be held at Blofield Court House but, instead of the tutor being there in person, she will appear 'on the big screen' and we will still be able to speak with her.

The course will run on Tuesday mornings starting 13th January 2026 (10am - 12 noon). Further information and enrolment are available on the WEA website: wea.org.uk. The course reference number is Q00024509. The cost for the six-week course is £96 per person.

The course format is called 'Hybrid' by the WEA and it allows a range of courses to be offered to rural branches where there are few tutors available in their area. Do, please, come along and try this course. Your branch volunteers will be present to ensure all goes as smoothly as possible, and we'll all have a chat over coffee as usual.

Local contact for general information - email: blofield.branch@wea.ac.uk or phone 01603 537029.

Heathlands Wordsearch

M C V C U P J V B E E R J Z P W Y A K O C R H
B Q G A I U N Z D M H O Q S M H B Z K W P Z U
H U W A C L N A H E A T H L A N D S X P X A C
C I U G R Q T W X M L T T V S W O G N I B I Q
H Z V O I L K Q B B L Y O H E R T N E C I O A
O J U M B L E F U E R T Y Q T G X L U B V A F
I Y Y B B D C Y X R O I E O A E C N A D A J B
R V T M A X D F X S J N N L L W P Q X Y X X V
I K F D G O D I N H M U D X I U A S B V P X U
T H K P E P S T S I H M J I P G H B I I Q M G
F I T T I X U N B P S M M N L M K L R J T Y P
L N C L U B Q E R E J O K U G O K A X M S E R
X I S H N B D S V G L C J D S W Y I L X R M N
X J T F Y T F S I L Y B R R I I G C B A R H G
R W M D M A G O Y T S Z I I G Q C O H C J P O
L C H I J M N E Y Y R E T T O L K S Q R W Z N

Find the words hidden horizontally, vertically and diagonally. Spelling may be reversed.

- Bar
- Beer
- Bingo
- Centre
- Choir
- Club
- Community
- Cribbage
- Dance
- Fitness
- Hall
- Heathlands
- Jumble
- Lottery
- Membership
- Music
- Pilates
- Quiz
- Social
- Yoga



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Celebrations

The Hall at Heathlands is available for private hire for wedding receptions, birthday parties, anniversary celebrations or any other special occasion you can think of. The bar is accessible from the hall; however, the Social Club area is not available for functions.

The Hall can accommodate up to 85 guests and is ideal for larger functions. The Hall can be booked with or without the bar for a fee.

Please contact us for further details.

Business Meetings

Heathlands makes an ideal venue for large or small business gatherings, being very close to Norwich and with plenty of free parking available for your guests.

The large hall can be used conference style for up to 85 delegates. A smaller committee room is also available for hire.

Please contact us for further details and hire fees.





Music and Sports

The Hall at Heathlands can be hired for private sporting and music events.

It is a super space for private indoor sports events like badminton and football etc. and also great for private music events.

Whatever you're planning give us a call - with good facilities, a bar and plenty of parking we could be ideal for your next event.

Interested in hiring Heathlands? Get in touch today for details about availability and booking fees.

Call Jill on 07947881969 for details.

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KEEP BLOFIELD SPECIAL

We are a small group of volunteers who like to keep our villages looking attractive and reasonably free of litter. We meet monthly for about an hour's litter-picking, anyone is welcome to join us.

January litter-picks take place on:

Monday 5th January – meet at Heathlands, Blofield Heath at 9.30am

Monday 12th January – meet at the Old Court House, Blofield at 9.30am

Also, many thanks to quite a number of residents who pick litter informally during the month – it is much appreciated!

GREAT AND LITTLE PLUMSTEAD GARDENING CLUB

Our first meeting of the year will be held at Thorpe End Church Hall on Monday 5th January with a talk on the care and growing of soft fruits by Pauline Harper.

On Monday 2nd February we'll be at Great Plumstead Village Hall when we'll welcome our speaker with a talk on the volunteers who run the Bloodbikes, a vital service to deliver essential fluids to hospitals and clinics.

Meetings start at 7.30pm, we look forward to seeing everyone again in January and as always, welcoming any new members.

For more information or becoming a member, call Annette on 01603 434584 or Cherry on 01603 721906.

 heathlandscommunitycentre.org.uk
facebook.com/heathlands.socialclub

 **Contact Ben Garrod, Heathlands News editor:** news@heathlandscommunitycentre.org.uk
Contact Jill Willott for general Heathlands enquiries: jill.heathlands@yahoo.co.uk

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news@heathlandscommunitycentre.org.uk.
(Subject to the discretion of the editor and available space.)

Distributors: Please contact Ros Brister on 07941 087010 for any queries regarding distribution. We're always looking for people willing to help out with distribution around our villages – so please get in touch!